

# Application of ultrasound in enzyme treatment of cheese whey

Zoltán Jákó<sup>1</sup>, Balázs Lemmer<sup>1</sup>, József Csanádi<sup>1</sup>, Cecilia Hodúr<sup>1</sup>

<sup>1</sup>University of Szeged, H-6720 Szeged, Dugonics square 13.

[hodur@mk.u-szeged.hu](mailto:hodur@mk.u-szeged.hu)

Whey from cheese making have many types of proteins with admirable sustenance moreover either of them ( $\alpha$ -lactalbumin, lactoferrin, glycomacropeptide and  $\beta$ -lactalbumin) should be used to produce bioactive peptide chains.

Experimental solution was made from whey protein isolate powder (WPI) with concentration of 10 w/w%. Laboratory scale sonicator with maximum power of 100W was used to generate ultrasound. Optimum of ultrasound conditions in the examined range (60-100% of amplitude, 5-30 minutes of treatment time) were determined by Central Composite Face-centered model. Bromelain enzyme from pineapple was used for digestion of whey proteins. Changes of biological activity was followed by 2,2-diphenyl-1-picrylhydrazyl (DPPH) method.

Results showed that ultrasound treatment without enzymatic proteolysis can increase biological activity of proteins in whey after cheese making, but the effect of enzymatic proteolysis was higher: Sonicated samples had  $3.0\pm 0.5\%$  growth of biological activity compared to control samples, while enzymatic treatment produced  $18.3\pm 0.4\%$  increment.

Positive effect of enzyme treatment by bromelain combined with ultrasound was not proven: when hydrolysis was made after sonication of WPI solutions, growth of biological activity was only  $9.7\pm 0.5\%$ .

## ACKNOWLEDGEMENTS

The authors are grateful for the financial support provided by the projects EFOP-3.6.2- 16-2017- 00010 – RING 2017 and National Office for Research, Development and Innovation - NKFIH, K115691.